



Luscii
an OMRON Healthcare Service

LUSCIIAPP
Peripheral Devices:
Recording blood
pressure

This guide is supplementary to the manufacturer(s) Instructions for Use (IFU) and does not replace the IFU issued by them. Graphnet is acting as a distributor only. Please refer to the manufacturer's IFU which should accompany the device. For the Luscii App please refer to the IFU available on their website. www.luscii.co.uk

Recording blood pressure

Your blood pressure monitor (sphygmometer)

Will look like this (or similar) and is used to measure your blood pressure.



Taking your blood pressure

1. Rest for at least 5 minutes before taking blood pressure
2. When the question arises that prompts for blood pressure measurements, pick up the blood pressure monitor that has been provided
3. Place the cuff onto the upper arm as described overleaf IMPORTANT: Please read instructions overleaf to position the cuff properly
4. Rest the arm on a table/cushion and remain still, do not talk or cough
5. Press the start button on the monitor and sit until your measurements are displayed

Systolic Top number

Diastolic Number below systolic

Pulse Bottom number

TIP: Write down the measurement as the monitor may turn off!

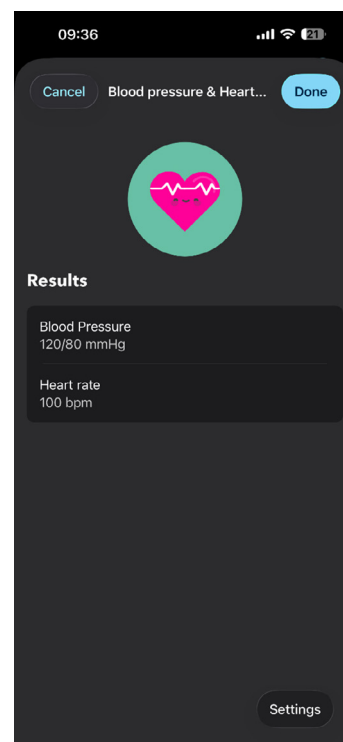
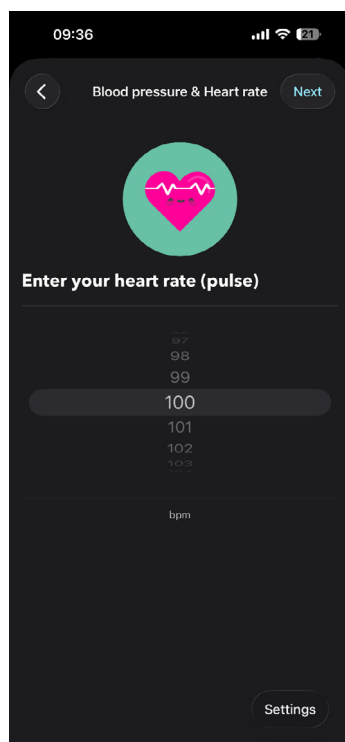
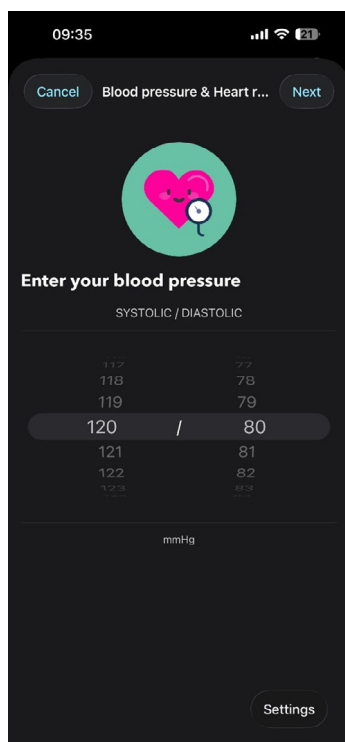
Recording blood pressure levels

6. To accurately enter measurements:

Scroll up and down to find the blood pressure reading that matches your reading from the blood pressure machine, click next (top right).

Enter heart rate that matches your reading from the blood pressure machine, click next.

When the correct measurement is shown, click Done (iPhone) or Next (Android).

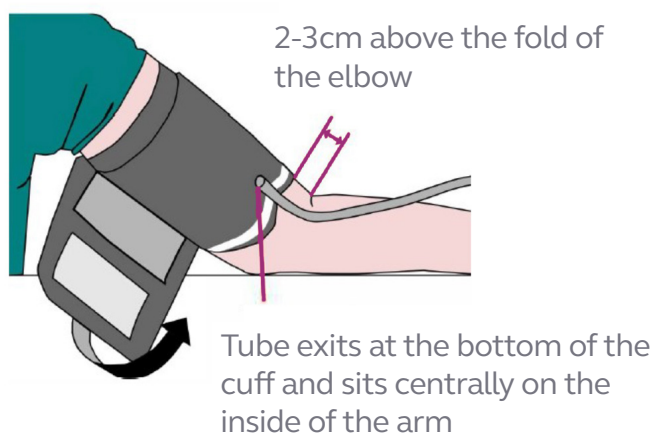


Positioning the cuff

Rest the arm on a table/cushion and position the cuff at approximately the same height as the heart

Ensure the grey air tube is exiting at the bottom of the cuff and is sitting centrally on the inside of your arm.

Ensure it points downwards on the inside of the arm as shown



Note: If you are unsure how to position the cuff correctly, contact a clinician from your care service for guidance



Graphnet 
Transforming Care

 **Luscii**
an OMRON Healthcare Service

Graphnet Health Limited
Unit 4A/B Newton Court
Farraday Road
Wavertree Technology Park
L13 1EJ

T: +44 (0)3330 771 988
E: liverpoolsupport@graphnethealth.com
www.graphnethealth.com